

## SCOPE OF PRACTICE

Purpose: To define the application of live, therapeutic sound healing, meditation and breathwork as it is presented by a Certified Sound of Being Facilitator/Practitioner - a graduate of Sound Healing Australia (SHA) or by a student of SHA.

The definitions listed below represent the Scope of Practice of a Certified Sound of Being Facilitator and Practitioner. For the purpose of this, we will refer to participants of group SOB sessions and clients of private Sound of Being (SOB) sessions both as clients.

Level 1: Group Facilitation Training

Level 2: Individual Client Practitioner Training

Level 3: Voice and Sacred Music Training

### **1. Client Interaction**

A SOB Practitioner/Facilitator:

- A. Uses heart-centered awareness or another suitable transpersonal process to be centered in oneself, open and receptive to the client's physical, emotional and/or spiritual needs that may be supported with live therapeutic sound healing.
- B. Approaches the client from the stance of being of service, rather than as a performer.
- C. Assesses the client's environment objectively and subjectively through sessions.
- D. Refrains from proselytizing religious or political beliefs through choice of music or speech during an SOB session.
- E. Refrains from soliciting client participation in using the instruments themselves during a session.
- F. Uses clear, simple statements for self-introduction and explanation of the SOB session.
- G. Guides meditation and breathwork effectively to promote deep relaxation and healing

- H. Maintains a safe, sacred, clean, organized & comfortable environment.
- I. Facilitates with authenticity, direction and heart.
- J. Uses appropriate trauma informed verbal and non verbal communication.
- K. Respectful of clients individual needs
- L. Refers client's needs to other members of the healthcare team when the needs are not within the Scope of Practice of a SOB facilitator/practitioner.

## **2. SOB Facilitation Proficiency**

A SOB Practitioner/Facilitator:

- A. Delivers appropriate repertoire and structure utilizing crystal singing bowls, tibetan bowls, gongs, native american flute, harmonium, metal drums and chimes.
- B. Ability to work with harmonies and disharmonies as appropriate to the instrument used and with appropriate transitions.
- C. Can extend and adapt sounds to differing rhythm, tempo and mood as required to deepen relaxation and healing.
- D. Has a basic understanding of music theory, physics of sound healing, energetic anatomy and trauma informed facilitation cues.
- E. Understands and uses silence as an integral part of each session.
- F. Plays or sings in tune, with good intonation and expression, and appropriate musical expression and dynamics. (Level 3)

## **3. Ethical and Professional Behavior**

A SOB Practitioner/Facilitator:

- A. Adheres to the SHA Code of Ethics and Conduct.
- B. Practices within the wellness protocol, etiquette, and the facility's policies, structure and procedures where facilitating.

- C. Demonstrates a responsible attitude about personal identification, documentation, scheduling, cleanliness and privacy.
- D. Maintains client's rights, as well as confidentiality, within SHA code of conduct.
- E. Works harmoniously and unobtrusively with other practitioners.
- F. Obtains referrals following appropriate protocols.
- G. Responds appropriately to public inquiries about the profession of Sound of Being Facilitation.
- H. Conducts information sharing workshops providing accurate and appropriate information about, and within the scope of SOB, while always respecting the intellectual property rights of SHA. Assesses one's own behavior and performance in the light of professional and ethical standards.
- I. Regularly practices a form of self-care which fosters self-development and self-understanding, and provides a method to relieve the emotional and physical stresses of working in a therapeutic environment.
- J. Strengthens practice as a Certified Sound of Being Facilitator through continuing education as strongly encouraged by SHA.

#### **4. Education:**

- A. The Course of study include but is not limited to: Shamanic journeying, Facilitation skills, Brain Anatomy and Emotional Regulation, Anatomy of the Breath, Breathing techniques, Science of Sound Healing/Music Theory, Instrument techniques, history and understanding, Supporting a successful Business, Meditation and Intuition, Energetic Anatomy and Sacred Spaces.
- B. Having met the requirements for graduation, Certified SOB Practitioner/Facilitators are strongly encouraged to remain current on research and new developments in the field of therapeutic sound healing, breathwork and meditation. Students graduating after January 1, 2022, are required to obtain 50 hours of approved CEUs every four years from their graduation date to maintain their certification as a Certified SOB Practitioner/Facilitators and to be listed on the SHA website. Otherwise their certification will expire.

Public protection mechanism and disclaimer

Any person representing themselves as a Certified Sound of Being Facilitator/Practitioner shall practice within the SHA Scope of Practice as defined above and adhere to the SHA Code of Ethics and Conduct. Any complaints made by the public against the SOB should be brought to the attention of the SHA Board of Directors for investigation and possible disciplinary action.

Any person representing themselves as a Certified Sound of Being Facilitator/Practitioner must hold the credential awarded by SHA, an international educational certification program which is accredited through IICT.

Are you ready to begin your journey?

Students of SHA SOB must understand, sign, and strictly adhere to the SHA Scope of Practice for our profession.

Apply here to be a student with SHA.